



Transforming dreams into reality

UNIVERSITY COLLEGE OF HEALTH SCIENCES

International Talent Search Examination

Total Questions: 40

Marks: 80

Times: 1 hr

Qu 1. Protamine sulfate is administered in overdose of:-

- A. Warferin
- B. Heparin
- C. Anticholinergic
- D. Insulin

Qu 2. A female patient who has had a myocardial infarction asks the nurse why she should not been down or strain to ensure having a bowel movement. This is because:-

- A. Vagus nerve stimulation casing of decrease in heart rate and cardiac contractility.
- B. Vagus nerve stimulation casing a increase in heart rate and cardiac contractility.
- C. Sympathetic nerve stimulation.
- D. Phrenic nerve stimulation increasing the diaphragm activity causing increase in Respiratory rate.

Qu 3. Life span of RBC:-

- A. 100 days
- B. 120 days
- C. 1 year
- D. 60 days



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Qu 4. Which is the biggest Artery in the body:-

- A. Brachial artery
- B. Aorta
- C. Femoral artery
- D. Tibial Artery

Qu 5. Electroencephalogram (EEG) rhythm was first recorded by:-

- A. Willium Einthovan
- B. Egas Moris
- C. Hans Berger
- D. Gailland L

Qu 6. The term used to refer to ineffectual strainig at stool is:-

- A. Tenesmus
- B. Burborygmus
- C. Divercholitis
- D. Azotorrhoea

Qu 7. The presence of mucus and pus in the stool suggests:-

- A. Disorder of colon
- B. Intestinal malabsorption
- C. Inflammatory cholitis
- D. Small bowel disease

Qu 8. The drug of choice for PSVT:-

- A. Metaprolol
- B. Adenosine
- C. Ramipril
- D. Frusemide



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Qu 9. The digestion of protein is facilitated by:-

- A. Trypsin
- B. Amylase
- C. Secretin
- D. Lipase

Qu 10. Modifiable Risk factor in case of hypertension include all except:-

- A. Age
- B. Obesity
- C. Salt intake
- D. Alcohol intake

Qu 11. Health is a state of complete physical, mental and social well being and not merely the absence of disease and infirmity". This was stated by:-

- A. United states health agency
- B. National Institute of health
- C. National league of Nursing
- D. World health Organization

Qu 12. When recording blood pressure the sound which can be treated with a stethoscope placed over the artery is termed as:-

- A. Wheeze
- B. Mur mur
- C. Crackle
- D. Korotkoff sound



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Qu 13. The goal of nursing is to put the patient in the best condition for nature to act upon him". This was stated by:-

- A. Henderson
- B. Jean Watson
- C. Martha Rogers
- D. Florence Nightingale

Qu 14. What is the term used for normal respiratory rhythm and depth in a patient:-

- A. Eupnea
- B. Apnoea
- C. Bradypnea
- D. Tachypnea

Qu 15. Troponin T or Troponin I is a protein marker in detection of:-

- A. Myocardial Infarction
- B. Congestive cardiac failure
- C. Ventricular Tachy
- D. Atrial fibrillation

Qu 16. The site of fertilization of human is:-

- A. Ovary
- B. Uterus
- C. Vagina
- D. Fallopian Tube

Qu 17. Hematuria means:-

- A. Passing of mucus in urine
- B. Blood in urine
- C. Mucus in stool
- D. Blood in stool



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Qu 18. Hemoptysis means:-

- A. Blood strained vomiting
- B. Blood strained sputum
- C. Pus in sputum
- D. fresh blood in stool

Qu 19. What instruction is most appropriate in patient with trigeminal neuralgia to prevent triggering the pain?

- A. Drink iced foods
- B. Avoid oral hygiene
- C. Apply warm compresses
- D. Chew on the unaffected side.

Qu 20. Glasgow coma scale (GCS) is a measure of:-

- A. Level of consciousness
- B. Memory
- C. Intracranial pressure
- D. Fluid volume

Qu 21. Fever, headache and nuchal rigidity are classic symptoms seen in:-

- A. Parkinson's disease
- B. Alzheimer's disease
- C. Brain abscess
- D. Meningitis

Qu 22. Accreditation refers to one of the following:-

- A. Making assessment
- B. Meeting predetermined standards
- C. Making care cost effective
- D. Ensuring quality



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Qu 23. Ventricular muscle depolarization is represented by:-

- A. P wave
- B. T wave
- C. The QRS complex
- D. U wave

Qu 24. What type of diet is prescribed for a patient for the evening meal who has to undergo cholecystogram the next day:-

- A. Low protein
- B. Low calorie
- C. Fat free
- D. Liquid

Qu 25. Apical pulse is taken by placing the diaphragm of the stethoscope at the area of:-

- A. Right atrium
- B. Right ventricle
- C. Pulmonary valve
- D. Mitral area

Qu 26. Familial tendency to manifest certain conditions such as asthma, rhinitis, urticaria and eczematous dermatitis:-

- A. Tropical allergy
- B. Atopic allergy
- C. Sensitization
- D. Exocytosis



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Qu 27. Which of the following agent was first introduced for treatment of epilepsy:-

- A. Phenobarbital
- B. Phenytoin
- C. Carbamazepine
- D. Valpreic acid

Qu 28. Oral candidiasis in AIDS is treated with:-

- A. Trimethoprim+ Sulfimethoxazole
- B. Flucorazole
- C. Acyclovir
- D. Zidovudine

Qu 29. Classification of glaucoma includes all except:-

- A. Open angle
- B. Congenital
- C. Closed angle
- D. Wide angle

Qu 30. Shick test is done in:-

- A. Meningitis
- B. Diphtheria
- C. Pertusis
- D. Polio myelitis

Qu 31. The vaccine usually given to pilgrims to the middle east is:-

- A. DPT
- B. Influenza
- C. Yellow fever
- D. Meningitis



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Qu 32. Number of cranial nerves in human is:-

- A. 10 Pairs
- B. 8 pairs
- C. 12 pairs
- D. 16 pairs

Qu 33. Waste sharps are categorized in which group of biomedical waste:-

- A. Category 1
- B. Category 7
- C. Category 4
- D. Category 2

Qu 34. Digibind is used as an antidote for poisoning due to:-

- A. Cholinergics
- B. Atropine
- C. Benzodiazepine
- D. Digoxin

Qu 35. For a patient who receiving chemotherapy, which laboratory result is of particular importance:-

- A. WBC
- B. PT AND PTT
- C. ELECTROLYTES
- D. BUN



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Qu 36. A patient is being tapered off opioids and the nurse is watchful for signs of withdrawal, which is the one of the first signs of withdrawal:-

- A. Fever
- B. Nausea
- C. Diaphoresis
- D. Abdominal cramps

Qu 37. Which route of administration is preferred of immediate analgesia and rapid titration are necessary?

- A. Intraspinial
- B. Patient controlled analgesia
- C. Intravenous
- D. Sublingual

Qu 38. What is the priority nursing intervention for a patient during the immediate post-operative period?

- A. Observing for hemorrhage
- B. Maintaining a patent airway
- C. Recording intake and output
- D. Checking the vital signs every 15 minutes

Qu 39. Which of the following is known to have a role in wound healing?

- A. Vitamin A
- B. Vitamin K
- C. Vitamin C
- D. Vitamin B Complex



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Qu 40. Which of the following is considered as the most important aspect of hand washing:-

- A. Soap
- B. Water
- C. Friction
- D. Time